

PAINFUL PERIODS

Suggestions How to Find Relief from Such Suffering.



While no woman is entirely free from periodical suffering, it does not seem to be the plan of nature that women should suffer so severely. Menstruation is a severe strain on a woman's vitality. If it is painful or irregular something is wrong which should be set right or it will lead to a serious derangement of the whole female organism.

More than fifty thousand women have testified in grateful letters to Mrs. Pinkham that Lydia E. Pinkham's Vegetable Compound overcomes painful and irregular menstruation.

It provides a safe and sure way of escape from distressing and dangerous weaknesses and diseases.

The two following letters tell so convincingly what Lydia E. Pinkham's Vegetable Compound will do for women, they cannot fail to bring hope to thousands of sufferers.

Miss Nellie Holmes of 540 N. Davidson Street, Buffalo, N. Y., writes:

Dear Mrs. Pinkham:—
"Your medicine is indeed an ideal medicine for women. I suffered misery for years with painful periods, headaches and bearing-down pains. I consulted two different physicians but failed to get any relief. A friend from the East advised me to try Lydia E. Pinkham's Vegetable Compound. I did so, and no longer suffer as I did before. My periods are natural; every ache and pain is gone, and my general health is much improved. I advise all women who suffer to take Lydia E. Pinkham's Vegetable Compound."

Mrs. Tillie Hart, of Larimore, N. D., writes:

Dear Mrs. Pinkham:—
"I might have been spared many months of suffering and pain had I only known of the efficacy of Lydia E. Pinkham's Ask Mrs. Pinkham's Advice—A Woman Best Understands a Woman's Ills."

Vegetable Compound sooner; for I have tried so many remedies without help.

"I dreaded the approach of my menstrual period every month, as it meant so much pain and suffering for me, but after I had used the Compound two months I became regular and natural and am now perfectly well and free from pain at my monthly periods. I am very grateful for what Lydia E. Pinkham's Vegetable Compound has done for me."

Such testimony should be accepted by all women as convincing evidence that Lydia E. Pinkham's Vegetable Compound stands without a peer as a remedy for all the distressing ills of women.

The success of Lydia E. Pinkham's Vegetable Compound rests upon the well-earned gratitude of American women.

When women are troubled with irregular, suppressed or painful menstruation, leucorrhoea, displacement or ulceration of the womb, that bearing-down feeling, inflammation of the ovaries, backache, bloating, (or flatulency), general debility, indigestion and nervous prostration, or are beset with such symptoms as dizziness, faintness, lassitude, excitability, irritability, nervousness, sleeplessness, melancholy, they should remember there is one tried and true remedy, Lydia E. Pinkham's Vegetable Compound at once removes such troubles. Refuse to buy any other medicine, for you need the best.

Don't hesitate to write to Mrs. Pinkham if there is anything about your sickness you do not understand. She will treat you with kindness and her advice is free. No woman ever regretted writing her and she has helped thousands. Address Lynn, Mass.

The County Court Vindicated.

The republican organ of the county as well as the baser sort of partisan politicians, seem to be greatly exercised over the financial condition of the county and lose no opportunity to herald the report that the County Court is running the county to the demeriton bow-wows. As usual our esteemed co-temporary is making a mountain out of a mole hill.

There is no cause for uneasiness about the credit of the county, but this continual yelping is intended to induce the court to raise the levy, and then the organ would yell bloody murder and seek to persuade the people that the democrats had been guilty of extravagance and all manner of mismanagement. The levy will not be raised. The court has had a pretty hard job to steer the county through the shoals of former republican mismanagement, but it has done it, and in addition has had to incur a heavy and unlooked for burden in the way of the small pox scourge, which alone cost about \$7000.

Furthermore two very heavy items in county expenses were the rebuilding of the Schoppert's Ford bridge and the repairing of the Shanghai back creek bridge, both of which were hotch jobs under a republican administration. These expenses, besides a great deal of judicious work on the roads, have been met, without an increase in the levy, except a slight one in the road levy. This court having thus repaired former blunders will not be called upon to make like expenditures in the future, but will be able to turn its attention to the further betterment of the roads.

There is one great satisfaction to tax payers, they can see what has become of their money and that it has not been wasted. All the work done has been thorough and lasting and the court need not fear to be judged by its work.

Planning for Monument.

Wednesday Judge Lucas, of Charles Town, was here and in speaking of the proposed monument to Rumsey stated that he would shortly visit Philadelphia to secure the deed to the proffered site, along the right-of-way of the Norfolk & Western railway. The monument will be placed upon a high peak overlooking the Potomac, immediately west of the railroad bridge. Judge Lucas also stated that it was his desire that the monument should take the form of a gigantic statue, but that he feared the available funds would not be sufficient, and that the promoters would be content with a handsome granite shaft of about 40 feet in height.

Several members of the Berkeley County Camp of Confederate Veterans have signified their intention of attending the reunion at Louisville on June 14 15 and 16, among them is the Adj. of the camp, the Editor of the Democrat, who has accepted an invitation from Capt. J. H. Leathers a native of Martinsburg, to be his guest, during that time.

Mr. John Brown, who lives about 5 miles west of Martinsburg, along the foot of the mountain, had a runaway accident, while driving a spirited horse in North Martinsburg. He was thrown from his buggy, lighting on his head and sustained painful injuries. Dr. McCormack rendered the necessary surgical assistance and it is not thought that Mr. Brown will be confined more than a few days.

Under the recent license law, any person who owns, operates or maintains an automobile, in West Virginia, is liable to a license tax of \$10 a year. Failure to take out a license renders the owner liable to a fine of not less than \$20 or more than \$100. There is also a license tax of \$10 for the privilege of selling or bartering patent rights, and of \$20 for carrying on the business of a collecting agency.

A FACT ABOUT THE "BLUES"

What is known as the "Blues" is seldom occasioned by actual existing external conditions, but in the great majority of cases by a disordered liver.

THIS IS A FACT which may be demonstrated by trying a course of

Tutt's Pills

They control and regulate the liver. They bring hope and buoyancy to the mind. They bring health and elasticity to the body.

TAKE NO SUBSTITUTE

Council Proceedings.

Council met in regular session last Thursday night, with all the members present.

The finance committee submitted a recommendation that the suit between the corporation and James Smith, colored, which had been decided in Justice Thompson's court by an award of about \$65 to Smith, who had paid erroneous taxes to that amount, be settled by the payment of the money to Smith. This was agreed to.

The sum of \$19 was also ordered refunded to Mrs. Ella Nelson, who had paid that much into the city treasury because of an erroneous assessment.

The water committee recommended that a contract be entered into with the Davis Coal Company to furnish about 700 tons of coal per year for the city water plant at the rate of \$1 per ton at the mines. This was agreed to.

J. P. Kline submitted a proposition to buy the machinery at the old water plant from the city for the sum of \$400 cash, which proposition was accepted. Mr. Kline will remove the machinery at once. This is considered a fair price.

An ordinance to tax all breweries with an agency and storehouse in Martinsburg at the rate of 2 1/2 cents per barrel on all beer sold was reported from the ordinance committee and passed. The Reynaun brewery sent in an estimate of 1,500 barrels for the year, with a check covering the tax—about \$42 50.

The question of paving Queen street from Burke to the southern part of the square was put in the hands of the street committee in order that all the property owners might be seen and the cost of the work ascertained, and definite action will be taken at the next regular meeting.

The controversy between Mr. C. G. Smith and the council over the encroachment of Mr. Smith's property on the sidewalk was settled by a resolution requiring Mr. Smith to place his wall on the proper line from the rear of the house, on East John street.

The Book of The Royal Blue

The current issue of the Baltimore Ohio's popular magazine—The Book of the Royal Blue—has devoted many pages to the International Convention of Christian Endeavor, in Baltimore July next, including a very concise history of the society, a description of the Convention City, its many attractions and surroundings, and a full programme of the Convention. It is a splendid text book for prospective visitors.

Aside from this star feature, the number is especially interesting, having contributions by many of the best writers.

S. E. Kiser, of Chicago, has a short story, "How the Governor was hoodwinked;" Edith S. Riley, of Annapolis tells the story of the "Headless Man of Annapolis." Among the poets who have contributed are Edmund Vance Cooke, the author and lecturer of Cleveland; S. W. Gillilan and Victor A. Hermann, of Baltimore.

A new department "Humor and the Humorist," which is conducted by the editor, has a series of heart to heart talks with and about the men who make you laugh.

Single copies will be mailed for five cents each; annual subscription, fifty cents. Address D. B. Martin, manager Passenger Traffic, B. & O. R., R. Baltimore.

TWENTY-SECOND INTERNATIONAL CONVENTION, CHRISTIAN ENDEAVOR.

Baltimore, Md., July 5-10 via.

BALTIMORE & OHIO RAILROAD. From all points East of the Ohio River, West of Martinsburg W. Va., and South of Summit Point, W. Va., tickets will be sold at one fare plus \$1 for the round trip.

Tickets good going July 3, 4 and 5, valid for return not earlier than July 5, not later than July 15, 1905.

Extension of return limit to August 31 may be obtained on deposit of ticket and payment of \$1.00 to Joint Agent at Baltimore, Md.

Stop-overs will be allowed at Oakland Mt. Lake Park, Deer Park and Washington, in either direction.

For detailed information apply to nearest B. & O. Ticket Agent or C. W. Bassett, G. P. A., B. & O. R. R. Baltimore, Md.

The Cumberland Valley road has bought the Beeler house, along its right-of-way in Hagerstown, for \$9,000. This and other houses will be torn down to make room for more tracks and a shed depot.

Dr. and Mrs. William White, and child, left Boydville last Wednesday for their home in Nashville, Tenn. This will be Miss Virginia Faulkner White's first visit to her western home, she having been born at Boydville, several months ago.

"The MATTRESS of the Present and of the Future"

OSTERMOOR

EVERY other mattress in the world is STUFFED—hair, cotton or feathers—jammed in at the open end of a tick. That's why lumps and holes soon cause restless nights. Each OSTERMOOR is built—not stuffed. Hand-laid sheets of downy softness, each full size, are carefully built within the tick. It is vermin-proof. An occasional sun-bath is all it requires. The tick can be taken off and washed when soiled.

\$15.

Express Prepaid.

SEND FOR FREE 136-PAGE BOOK.



Our book, "The Test of Time," not only treats exhaustively the mattress question, but also describes and illustrates with 200 pictures OSTERMOOR Cushions and Pillows for Window Seats, Cozy Corners, Hall Benches and Easy Chairs.

Look Out! Dealers are trying to sell the "just as good kind." Ask to see the name "OSTERMOOR" and our trade mark label.

sewn on the end. Mattresses expressed, prepaid by us, same day check is received.

Sold on 30 night's free trial. Money returned if dissatisfied.

2 feet 6 inches wide, 25 lbs. \$ 8.35
3 feet wide, 30 lbs. 10.00
3 feet 6 inches wide, 35 lbs. 11.70
4 feet wide, 40 lbs. 13.35
4 feet 6 inches wide, 45 lbs. 15.00

All 6 feet 3 inches long. Express Charges Prepaid. In two parts 50 cents extra. Special sizes at special prices.

OSTERMOOR & CO., 114 Elizabeth St.

NEW YORK

Canadian Agency: The Alaska Feather and Down Company, Ltd., Montreal. 1233161.

GREAT REMOVAL SALE

Will Move April 1st

To Dr. Minghini's Building,

120 South Queen st.,

To the room now occupied by E. N. Fiery as a clothing store, 6 doors below People's Trust Co. Great bargains in FURNITURE, CARPETS, MATTINGS, etc. Buy now and save money, as we want to move as few goods as possible



DISCOUNT off for CASH

BERKELY INST ALLMNT CO.,

124 W. King St.

Peach and Apple

Trees,

Apple Trees one, two and three years. No better grown America.



PEACH TREES

One Year and June Buds.

No Scale.

No Yellows.

Your Personal Inspection is Solicited

CATALOGUE FREE.

J. G. HARRISON & SON.

BERLIN, MD.



WOOD'S SEEDS. WATER MELON SEED

GROWN IN THE SUNNY SOUTH.

"Green rind, red meat, full of juice and so sweet."

If you want quality, sweetness, and the best melons that it is possible to grow, plant our southern-grown melon seed. Northern or western-grown melon seed doesn't begin to compare, when you consider the quality and product of the fruit produced.

Wood's Descriptive Seed Catalogue tells about the best southern melons, and all other Farm and Garden Seeds. It's mailed free for the asking. We are headquarters for Cow Peas, Sorghums, Seed Corn, Ensilage Corn, Millet, Soja Beans, Velvet Beans, etc. Special prices on all. List of Farm Seeds mailed on request.

T. W. Wood & Sons, Seedsmen, Richmond, Va.

Big Fire at Elkins.

The Elkins Tanning Co., Elkins, W. Va., suffered a \$200,000 loss, by fire. The insurance on the building and stock amounted to \$90,000. The flames were confined to the main building, which was 400 feet long. The office in addition to a number of buildings nearby and several thousand tons of bark, were saved by quick work on the part of the fire companies. The firemen, however, were handicapped by the lack of pressure. The hose was supplied from a private line and not from the city water works. At least one fourth of the loss was on hides ready for shipment to New England. The loss on the building and green hides was \$100,000. The flames originated in the vat room. Preston Russell, a fireman, received a broken leg by falling under a hose cart. The plant will be rebuilt at once and all the employees will be used in the reconstruction.

Bromo Pepsin is superseding all other preparations throughout the country for headache, indigestion, insomnia, nervousness, and nausea because it cures and because it is absolutely harmless. Note the word Pepsin: All druggists, 10, 25, 50c per bottle.

GREATLY REDUCED ONEWAY Colonist Fares To The West

VIA

BALTIMORE & OHIO RAILROAD. Commencing February 28th, and continuing daily to and including May 14th, 1905, the Baltimore & Ohio Railroad will have on sale from all stations one way colonist tickets to principal points in California, Arizona, British Columbia, Colorado, Montana, New Mexico, Oregon, South Dakota, Texas, Utah, Washington, Wyoming, etc., at greatly reduced rates.

For tickets and full information, call on or address ticket agents, Baltimore and Ohio Railroad.

Kansas is blazing the way, for an effective fight against trusts.

Born April 3rd 1905 to Mr. and Mrs. William Lewis, at their home at Inwood, a boy.

Absolutely Harmless. Cures on the Spot.

BROMO - PEPSIN

"NOTE THE WORD PEPSIN."

CURES Headache, Sleeplessness, Indigestion, and Nervousness.

All Druggists, 10c, 25c, and 50c.

Spencer on Rates

Mr. Samuel Spencer, president of the Southern Railway and a former president of the Baltimore and Ohio Railroad, discussed the railway situation in an address before the Traffic Club of Pittsburg.

He admitted that abuses in railroad rates exist, and that they ought to be remedied, but he did not believe that granting to the Interstate Commerce Commission, the power to fix rates would do this. He thought great good could be accomplished under the Elkins law, passed at the close of the Fifty-seventh Congress.

"It was," he said "aimed directly at the real evils, and went straight to the mark. It was hailed with satisfaction by the Administration, by the public and by the railway managers, and it has indirectly accomplished a large measure of success, but its possibilities for good have not only not been exhausted, but have scarcely been entered upon."

EPWORTH LEAGUE CONVENTION.

Denver, Col., July 5-9, Via BALTIMORE & OHIO RAILROAD. VERY LOW RATES.

From all points East of the Ohio River, tickets will be sold June 29 to July 2, inclusive, valid returning to and including July 17, 1905.

Extension of return limit to August 11 may be obtained on deposit of ticket and payment of fifty cents.

For full particulars, address nearest B. & O. Ticket Agent or C. W. Bassett, G. P. A., B. & O. R. R., Baltimore, Md.

Mr. Thomas F. Light, who had 14 head of cattle killed, by order of the State Board of Agriculture, about two years ago, because they were diseased with tuberculosis, received a check for \$350, in payment therefor one day last week. Mr. Light had about given up ever getting any compensation and it came as a very pleasant surprise.

Editor Lamar C. Powell, of the Fairmont West Virginian, and the West Virginia Publishing Company have been sued by State Senator Samuel Montgomery, of Preston county, for \$5,000 damages on account of an article, in which Senator Montgomery was called the Baltimore and Ohio "dog bida." The two men were rivals at the recent session of the State Legislature. Powell insulted Senator Marshall and Senator Montgomery replied a resolution demanding an apology.